



West Moors Middle School

Thriving to achieve our best – Together.

Following on from our successful online PE fitness lessons, where pupils participated in many types of classes ranging from circuit training, aerobics, strength and yoga. West Moors Middle School took part in several virtual fitness challenges, competing against other local schools. It was great to see all of our hard work and exercise fitness gains paying off, as we were congratulated by our School Games Organiser, for leading the field in both competitions: "Wow - well done all. Over 600 participants.

Particularly well done to West Moors, St Ives and St Michaels for winning the year group competitions. Mr Malone from West Moors and Mr Stokes from St Ives need huge congratulations. Both are small schools so the percentage of their pupils that engaged, must have been really high for them to win competitions with such high scores. Both schools have won a day of my time to deliver a multi-skills festival during the summer term." K Cole.





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We have been rewarded with a day of Mrs Cole's time during the summer term, in order to deliver a multi-skills festival due to our students' fantastic engagement. Equally impressive, for our commitment shown, our school was selected to take part in an initiative called "Girls Active", led by the Youth Sports Trust.

Girls Active will help us to understand what motivates girls to take part in physical activity, and develop girls as leaders. Girls Active will work with them to make changes and aiming to improve the PE, sport and physical activity provision, whilst encouraging girls to be more active. The programme will provide virtual training for teachers, and support schools to develop a Girls Leadership and Marketing Squad. Virtual leadership support and kit (hoodies and t-shirts) will also be provided for girls in their leadership roles, as well as an athlete mentor visit, programme resources and additional funding. More information about this amazing opportunity will be provided in the summer term.

It has been so nice to finally get back to teaching pupils outside in the fresh air. I have selected a few images of pupils taking part in their lessons below. As well as this, it is fantastic to see pupils involved in our after school sports offer. I will be running a team sports club for KS3 on Tuesday and KS2 on Thursday afterschool. To attend these clubs you will need to complete and return a letter, which can be collected from your form tutor or the school office.



Finally, when we return from our Easter break, we will be taking part in 'The Big Pedal' event. It runs for 10 days from the 19th to 30th of April and is open to all primary and secondary schools in the UK. All pupils can take part - whether they are learning in the classroom or remotely. The Big Pedal is a free annual competition that inspires children, parents and staff to make active journeys to school. You can win fantastic daily prizes and have lots of fun whilst encouraging your school community to make environmentally friendly journeys. On each day of the challenge, schools compete to see who can get the highest percentage of their pupils, staff and parents cycling, walking, wheeling or scooting to school. The best five days will determine your final position but you can log journeys on all ten days if you wish. For more information, resources and to sign up, go to: <https://bigpedal.org.uk/>

How many active journeys will you make?

Wishing you all a Happy Easter.

