

TO BOOK YOUR SPACE VISIT RIPPARUGBY.CO.UK



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COACHING CONSULTANCY AVAILABLE



DESIGNED TO DEVELOP CORE RFU VALUES OF SPORTSMANSHIP, TEAMWORK, RESPECT, DISCIPLINE AND ENJOYMENT.

For children ages 4-13 years old.



WHAT IS RIPPA RUGBY?

It's Tag, Touch and contact based Rugby games designed with the objective to develop skills such as catching, passing, invasion, evasion, spatial awareness and decision making. Rippa Rugby develops communication skills and improves overall fitness levels. Above all it's great fun. Our aim to make our sessions the most rewarding activity your child will participate in all week.

## **OUR PHILOSOPHY**

To develop the RFU 'Five C's' within a child in line with National Curriculum standards which includes:

- Competence and skill development
- Confidence to take part in sport and games
- Connection with other children to develop strong friendships
- Creativity to try something different and not be afraid of making mistakes
- Caring character and encouraged to support and look after each other

## It is for school children (both boys and girls) aged between 4 and 13 years old during the

- During and after school/pre-school
- School holidays

following times;

WHO IS IT FOR?

Rugby themed birthday parties

## **HOW MUCH DOES IT COST?**

It's only £4 per session per child per hour (school subsidy may apply). Visit our website for more information.

## **COACHING CONSULTANCY**

We also offer a coaching consultancy for teaching staff and developing coaches at competitive rates.

Provision of coaching services at Rugby themed parties.

All our coaches are DBS Cleared, First Aid trained and RFU Level 2 Experienced Bournemouth Rugby Age Group Coaches.

\*School subsidy may apply.

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