



West Moors Middle School

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PGL: Kit List for KS3 Osmington Bay Residential Trip

Dear Parents/Guardians,

We are excited to remind you that the **KS3 Residential Trip** to **PGL Osmington Bay** is fast approaching! This is a wonderful opportunity for students to take part in a range of exciting outdoor activities, enhance their teamwork and leadership skills, and enjoy time away from home with their peers.

Trip Details:

- **Destination:** PGL Osmington Bay
- **Dates of Trip:** 30th June – 2nd July

In order to ensure a smooth and enjoyable trip for all students, we have attached a **kit list** outlining the essential items they will need to bring. Please take time to review the list and ensure your child is fully prepared.

Important Reminder:

As part of our commitment to providing a focused and immersive experience for all students, **mobile phones will not be permitted on the trip.** This is to encourage students to engage fully with the activities, socialise with their peers, and disconnect from distractions. If your child has any concerns or requires an exception, please get in touch with us prior to the trip.

Should you have any questions or concerns, please do not hesitate to contact us.

Thank you for your support, and we look forward to a fantastic trip!

Yours sincerely,

Kind regards,
Mr Perry.
PE Coordinator



Thriving to Achieve our Best – Together
Head Teacher: Dr D Craddock PhD MA BSc (Hons) NPQH



WHAT TO BRING

Please ensure that all items are named.

CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- ☐ Tops & jackets
 - ☐ T-shirts *Your arms will need to be covered to do some activities*
 - ☐ Long sleeved shirt/T-shirts
 - ☐ Waterproof jacket
 - ☐ Fleece/jumpers
- ☐ Trousers or leggings but not jeans as they get heavy and cold when wet
- ☐ Underwear & socks *Your socks will need to cover your ankles to do some activities*
- ☐ Swimming costume/trunks for water activities
- ☐ 1 or 2 sets of clothes for the evening
- ☐ Suitable nightwear

TRAVELLING IN THE...



...SUMMER?

- ☐ Shorts
- ☐ Baseball cap/sun hat
- ☐ Sunscreen



...WINTER?

- ☐ Warm coat
- ☐ Hat and gloves

Lost property

We recommend you write a list of what you pack to check before you come home. If you do leave anything behind, please contact your party leader who will contact PGL. Postage will be charged for returning lost items.

Study courses and sports weekends

Groups taking part in study courses and sports weekends e.g. netball/football, should bring appropriate clothing/footwear for these activities.

What to wear

We have included some guidance on what to wear and what not to wear for the activities we are most often asked about. Please note, activities vary at each centre and final activity itineraries are planned by each centre.

Water-based activities

- ✓ Old trainers/water shoes
- ✓ Warm clothing
- ✓ Layers
- ✓ Old clothes
- ✓ Swimsuit (for some water activities)
- ✗ Flip flops/crocs/sandals
- ✗ Wellies
- ✗ Jeans

Rope sessions

- ✓ Sturdy footwear
- ✓ Tops to cover the shoulders
- ✓ Shorts that cover the thighs
- ✓ Long trousers
- ✗ Flip flops/crocs/sandals
- ✗ Denim shorts

Muddy activities

- ✓ Old trainers
- ✓ Long trousers (waterproof if possible)
- ✓ Layers
- ✗ Flip flops/crocs/sandals
- ✗ Shorts

FOOTWEAR

- ☐ 2 pairs of trainers
 - 1 for activities
 - 1 old pair for watersports
- ☐ 1 pair of dry shoes for evening activities



OTHER ITEMS

- ☐ 2 towels
 - 1 for showering
 - 1 old one for activities
- ☐ Reusable drinks bottle
- ☐ Small rucksack/bag
- ☐ Labelled bin bag for wet and dirty clothing
- ☐ Sleeping bag or duvet and pillow (unless otherwise advised)
- ☐ Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)
- ☐ Hair ties for long hair
- ☐ Torch
- ☐ Pocket money £10-20 Recommended



PLEASE DO NOT BRING

- ✗ Electrical devices
 - ✗ Computer games
 - ✗ Food items that contain nuts
 - ✗ Jewellery/valuables
 - ✗ Aerosols
- If you bring your mobile phone, please note, it is not covered by our insurance.

