

# Parent drop-in

## Your next drop-in will be on:

Tuesday 20<sup>th</sup> January 2026  
8:45am – 11:30am

Please book your appointment with school office

01202 872474



## You can contact us via

- School nursing admin hub on 01929 557 558
- Parent line advice 5-19 texting service on 07312263131
- Website at [www.dorsethealthcare.nhs.uk/school-nursing](http://www.dorsethealthcare.nhs.uk/school-nursing)

Your school nursing team can provide non-judgemental and confidential support and advice about:

**Healthy lifestyle advice**

**Emotional health and well-being support**

**Bedwetting and toileting**

**Nutrition and growth**

**Sleep advice**

**Signposting to various services**

**Parenting advice**

**Behaviour support**

## Follow us on social media:



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[dorsethealthcare\\_schoolnursing](https://www.instagram.com/dorsethealthcare_schoolnursing/)