WEST MOORS MIDDLE SCHOOL

SEND

# Coffee Afternoon



For parents and carers of children with special educational needs and disabilities (SEND)

**STARTING AT**
**14:45**

**DATE**
**Thursday 22nd October**

**WHERE**
**West Moors Middle School**

Join us for an informal coffee afternoon with our SENCo. It's a relaxed opportunity to pick up practical advice and ideas for supporting your child's wellbeing at home, and to meet other parents and carers.

- Meet with our SENCo
- Connect with other parents and carers
- Support with sleep hygiene
- Healthy routines at home
- Building friendships and social confidence
- Signposting to local support services
- General SEND advice and guidance

## We'd love to see you there!

Any questions? Please get in touch with the school office:

office@westmoorsmid.dorset.sch.uk 01202 872474