

Subject: Physical Education	Year: 6
<p><b>Description of learning</b></p> <p>Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</p> <p>Pupils should be taught to:</p> <ul style="list-style-type: none"> <li>□ use running, jumping, throwing and catching in isolation and in combination</li> <li>□ play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>□ develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</li> <li>□ perform dances using a range of movement patterns</li> <li>□ take part in outdoor and adventurous activity challenges both individually and within a team</li> <li>□ compare their performances with previous ones and demonstrate improvement to achieve their personal best.</li> </ul> <p>swim competently, confidently and proficiently over a distance of at least 25 metres</p> <ul style="list-style-type: none"> <li>□ use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]</li> <li>□ perform safe self-rescue in different water-based situations.</li> </ul> <p>In athletics pupils will accurately replicate and use running, jumping and throwing skills both singly and in combination. Pupils will take part in and design challenges and competitions that require precision, speed and stamina. In all athletic activity, pupils will engage in performing and improving their skills, measuring and comparing times &amp; distances. Pupils develop a deeper knowledge of type of fitness needed for each event category.</p> <p>In badminton pupils will aim to improve their individual technique. Pupils will develop their understanding of tactics and play shots within a rally more effectively and consistently. Pupils will work on improving the quality of their skills with the intention of outwitting opponents. In net games, it is the players aim to get the shuttle to land in the target area so that the opponent cannot return it. Pupil should begin to score and officiate badminton games.</p> <p>In cricket and rounders pupils will improve the basic skills of sending, receiving, batting and bowling.. Pupils will play and make up small-sided and modified competitive striking/fielding games. To implement skills and tactics to form an attacking and defending principle. To develop an attitude of fair play, sportsmanship and enjoyment.</p> <p>Pupils will focus on improving and applying basic skills for games. They will learn to plan basic principles of attack and make informed decisions during small sided games, selecting the most appropriate tactic to gain an advantage. Pupils have an awareness of positional play and know how to defend and attack. Striking, passing, catching or fielding a ball show an improvement in accuracy over short and long distances.</p> <p>Pupils will demonstrate and consolidate the basic actions of travelling, jumping and landing, transferring of weight, balancing, rolling and turning both on the floor and when using apparatus. Pupils will incorporate control, levels and aesthetics into sequences showing creativity. Student will evaluate and assess movements to improve sequences. Pupils compose creative sequences with more imagination. These sequences start to show strength and stamina. Pupils should learn how to use low level apparatus and balance safely.</p>	

<p>Pupils are able to embrace leadership and understand team roles. They are able to empathise with others and remain positive in the most challenging environments. Pupils will begin each term with fitness testing, where they compare previous bests.</p> <p>By the end of year 6, pupils should be able to swim fluently over 25m using a variety of controlled strokes including; breast stroke, front crawl and back stroke; ensuring that breathing is controlled throughout. Pupils who do not reach this standard will be offered top up swimming lessons.</p>	
<p>Important questions:</p> <p>Develop observation skills on peer performances, skills and techniques as well as observing the use of tactics. Ask questions about the effectiveness of these tactics.</p> <p>What did you just do?  * Why did you do that?  *Did it work? Why?  * What might you change if you could do it again?  * What did they do that you might be able to use?  * How did you do compared to someone else?</p>	<p>Bigger picture and linking:  Calendar of PEDSSA competitions.  School Games competitions  Fairthorne Manor - delivery of Outdoor and adventurous activities.  Wimborne Folk Festival representation  To understand the effect of exercise - Science</p>
<p>Overlearning required:  Pupils should understand that different events demand different abilities and be able to adapt their skills to the needs of the event.</p> <p>Pupils will develop the skills of running, jumping and throwing and aim to develop the accurate replication of these.</p> <p>In all games activities, pupils will think about how to use tactics and strategies to outwit the opposition.</p>	<p>WoW factor:  Fixures:  Football  Tag rugby  Swimming Gala  Indoor Athletics  Gymnastics tumbling  High 5 netball  Cross Country  Kings Park athletics  Quad kids athletics  Kwik cricket</p>
<p>How will our learning values be developed?</p> <p>Resilience - show a can do attitude, overcome failure  Reflectiveness - AFL self and peer observation  Creativity - planning tactics/strategies  Independence - warming up and stretching</p> <p>Speaking and listening - pupils should collaborate with others to share information &amp; ideas and solve problems</p> <p>consider alternatives, structure plans and organise group activity</p>	<p>How will our community values be developed?</p> <p>Inclusivity - team selection, modified equipment/recourses.  Respect - rules  Fairness - adapting rules/conditioned games  Honesty - how to deescalate disputes, officiating  Understanding - coaching others  Kindness - supporting others, 3 B4 me.</p> <p>To develop an attitude of fair play, sportsmanship and enjoyment.</p>
<p>How will pupils' numeracy be developed?  scoring, measuring distances, collating data &amp; comparing recordings against other bests</p>	<p>How will pupils' literacy be developed?  Speaking and listening - pupils should collaborate with others to share information &amp; ideas and solve problems</p>

