



West Moors Middle School

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To all Muslim parents of children

Ramadan

I am aware that you and your family are preparing to celebrate Ramadan, the month of fasting, and therefore am writing to clarify our arrangements so we can best support them. If you feel that your child is able to fast and you would like them to do so, we can arrange for them to sit quietly and reflect on their fast in the library from 12.45-13.05 (if your child is in KS2) and from 13.10 - 13.30 (if your child is in KS3). From 13.05-13.30 (if your child is in KS2) and 12.45-13.10 (if your child is in KS3), they will be able to join their friends in the playground, as long as they conserve their energy by taking part in less sporting activities.

Please complete and return the form below to the school office. Please note that if a child faints due to dehydration they will be given water. For health and safety reasons no child will be allowed to fast unless we have their parents' or carers' written consent.

Name of Child

| Please tick one box on each line | Yes | No |
|--|-----|----|
| My child is not yet ready to fast at school during Ramadan | | |
| My child will fast in school on the following days during Ramadan (Please note which days here): | | |
| My child will fast every day at school during Ramadan | | |
| If your child is taken ill at school or faints due to fasting would you like us to call you? | | |
| If your child is taken ill at school or faints due to fasting would you like us to give them food? | | |

Signed.....Parent/Guardian

Date



Head Teacher: Dr D Craddock PhD MA BSc (Hons) NPQH



