



## PE Newsletter Summer Term 2020: Recapping and Looking Ahead to 2020/21

As life is very different at the moment and we are all coping with being at home and apart from each other, we thought it would be nice to share and reflect on some of the key sporting achievements this year and look forward to new and exciting opportunities in the next academic year. We are extremely proud of our pupils for their dedication to all aspects of school sport.

Our sporting achievements this year include:

### Poole and East Dorset Cross Country League 2019/20: Autumn Term



### Bryanston Leadership Academy



## British Indoor Rowing Competition



## Year 5/6 Football Competitions



We are also delighted to announce that, West Moors Middle School, have achieved the **Virtual School Games Award**. We held a **virtual Pentathlon Competition** as part of **National School Sports Week!** **You will find the results published on our School's Twitter page- see, Twitter: @west\_moors.**



## West Moors Middle School

has been recognised for their support,  
commitment and engagement of virtual programmes  
during the Summer Term

Awarded by

**Katrina Cole**

School Games Organiser



As you are aware, many of our competitions had to be cancelled year as a result of Covid-19. Looking ahead, we are really optimistic about our plans to include in our sporting calendar for 2020/21 and in the Autumn term 2020, in line with the Government's guidelines, we will be focusing on non-contact sporting activities. When it is safe to do so, following DfE guidance, contact sports will be re-introduced. Exciting future sports opportunities include:

Sports Hall Athletics  
East Dorset Athletics  
Town Sports Athletics  
Quad Kids Athletics  
Swimming Gala  
Rugby - Tag to tackle competition  
Netball  
Football Fixtures and competitions - KS2/KS3  
Cross-country running  
Golf  
Multiskills  
Water sports  
Gymnastics  
Kwik cricket  
Volleyball  
Cycling  
Equestrian  
Rowing  
Badminton  
Boccia  
Leadership Academy

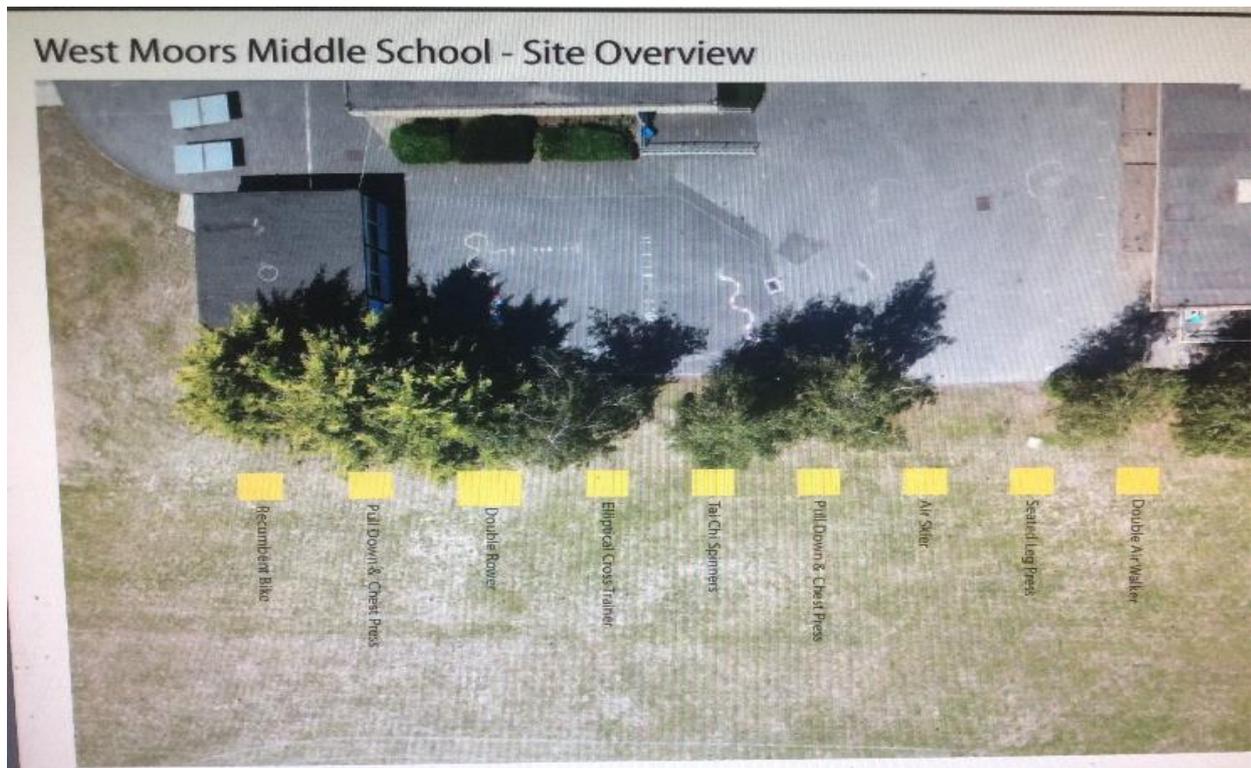
At West Moors Middle School, we are passionate about promoting involvement in sports and a healthy lifestyle for all. We will offering a wide range of After School clubs and activities to cater for different interests and strengths and encourage all of our pupils to get involved and have a go! Details will be updated on our website.

Finally, the Government has sought to support PE in the primary age range and as a middle school, we have benefited from this funding. One of our headlines is our commitment to ensure every child can swim 25 metres, which is the standard required set by the National Curriculum. **We are proud to say that 80% of our children in Year 6 have met this standard.**

We are seeking to use this funding in collaborative and innovative ways to build on our existing strengths. We are currently exploring purchasing outdoor gym equipment in the New Year for active play at break times and lunch times, as well as in PE lessons. In addition to this, we have paid sports coaches to deliver sporting activities and competitions during lunchtime as well as introducing the 'daily mile'.

Our pupils have been involved in the process and we are keen to show you what is being considered:

*'Over the past few weeks we have been discussing about getting exercise equipment. The ones I would mostly like are the combi pull down and chest press along with the cardio combi. This is because the pieces of equipment are fun and help your muscles and help your heart rate.'* Cayden (Year 7)



Stay safe and have a great summer.  
Mr Malone